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# FREE FLU SHOT CLINIC

## FOR EVERYONE OVER THE AGE OF 6 MONTHS

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**Are you ready for the flu season?**



**The sooner you get the flu shot, the sooner you are protected.**

- The flu virus can change every year, so you should get the flu shot annually
- Getting the flu vaccine is important, given its similar symptoms with the COVID-19 virus
- The flu can be a serious disease and is very contagious. It can make chronic health problems worse
- The Flu vaccine is safe and the best way to protect you and your loved ones from the flu and its complications
- Appointments are required. Bring your health card.

*Reschedule if you have runny nose, sore throat, fever, chills or are generally unwell.  
Please wear a surgical mask*

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**Where:** 97 Main Street, Toronto, Ontario, M4E 2V6



**When:** Monday November 13, 2023

**3:45PM – 4:45PM** (65+ seniors only)

**4:45PM – 6:45PM** (Families with young children and adults under 65)

**Contact:** 416-691-1113, [reception@centre55.com](mailto:reception@centre55.com)

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