



Adopt a Senior > Adopter Guidelines

Experience the wonderful and fulfilling feeling of giving at Christmas.

The "Adopt a Senior" program is a very special and intimate way of helping a neighbourhood family at Christmas. Many families are using the "Adopt a Senior" program to help their children make a more meaningful connection to Christmas and present's a great opportunity to understand the issues of poverty, need, relief, the less fortunate, and the underprivileged.

In confidence and with the permission of the "adopted senior", Community Centre 55 can match a family, local business, group, etc. with a senior in our community.

The adopting relationship ends when the Christmas Hamper is delivered. Should the adopter and the adoptee wish to continue developing a mutually agreed to relationship, this relationship is no longer under the purview of Community Centre 55.

Questions you can ask your senior are:

What kind of protein do you eat? (Chicken, Ham, Roast Beef)

What do you like to drink? (Milk, Tea, Coffee, Juice)

What fresh vegetables/fruit do you like? (Potatoes, carrots, broccoli, bananas, apples, oranges)

Do you use a toothbrush, tooth paste, denture paste/cleaner?

What kind of canned goods do you eat?

Do you like cakes, pies, chocolates?

Do you eat cereal?

Do you like bread, buns, bagels?

Do you have any pets?

Do you need new gloves, hat, scarf?

Feel free to add the following into their hamper:

Body Wash/Soap

Shampoo

Toilet Paper

Paper Towels

Dish Soap

Small Bottle of Laundry Detergent

Dish Clothes/T-Towels

In lieu of the above items you may choose to give Grocery Gift Card and/or other gift cards so they can shop for themselves if they wish.

Before delivering their hamper please be sure and confirm their address, buzzer code, if applicable, delivery date and time. Do not deliver to your senior until you have completed this task.

The Christmas Hamper is to be delivered by the adopter on or before December 19. Please send your delivery date and time to CC 55 staff once confirmed.

Generally speaking the cost to "Adopt a Senior" can range anywhere from \$150.00 - \$250.00.

Once matched with a senior you are to contact the senior directly.

If you are unable to deliver the hamper, Community Centre 55 will be happy to assist you.

Please note operational hours for staff assistance with the Adopt a Senior Program are Monday to Friday, 9:00 a.m. to 5:30 p.m.

Please Note: Staff will not be available to offer assistance after 12:00 pm, December 22 as Centre 55 will be closed for Christmas until after the New Year.

For more information please call Reza at 416-691-1113 Ext. 225 or e-mail him at reza@centre55.com