

CENTRE 55 - ADOPT A SENIOR ADOPTER GUIDELINES



Experience the wonderful and fulfilling feeling of giving at Christmas. Centre 55's Adopt a Senior program offers a unique and meaningful way to support a senior in need during the holiday season. Many families use this opportunity to teach their children the value of compassion, making a tangible connection to those who face poverty and isolation.

In confidence, and with the adoptee's permission, Centre 55 will match you with a local senior. Once matched, your commitment includes providing a Christmas hamper with essentials like a grocery gift card, toiletries, and winter clothing. Alternatively, you can choose to shop for groceries if your senior prefers. The adopter must provide the same level of service that would have been provided by Centre 55.

The adopting relationship ends when the Christmas Hamper is delivered. Should the adopter and the adoptee wish to continue developing a mutually agreed relationship, this relationship is no longer under the purview of Centre 55.

To participate as an adopter, a minimum of \$200 in grocery gift cards is required for your adopted senior. You are welcome to exceed this amount with additional gifts, groceries, or other items.

QUESTIONS YOU CAN ASK YOUR SENIOR ARE:

What kind of protein do you eat? (Chicken, Ham, Roast Beef)

What do you like to drink? (Milk, Tea, Coffee, Juice)

What fresh vegetables/fruit do you like? (Potatoes, carrots, broccoli, bananas, apples, oranges)

Do you use a toothbrush, tooth paste, denture paste/cleaner?

What kind of canned goods do you eat?

Do you like cakes, pies, chocolates?

Do you eat cereal?

Do you like bread, buns, bagels?

Do you have any pets?

Do you need new gloves, hat, scarf?



416-691-1113



97 Main Street, Toronto,
ON Canada M4E 2V6



www.centre55.com



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FEEL FREE TO ADD THE FOLLOWING INTO THEIR HAMPER:

Body Wash/Soap/Shampoo
Toilet Paper
Paper Towels
Dish Soap
Small Bottle of Laundry Detergent
Dish Clothes/T-Towels

To ensure everything goes smoothly, you will need to confirm your senior's address, buzzer code (if applicable), and delivery details before dropping off the hamper. The delivery must be completed by December 16, and Centre 55 can assist if you are unable to deliver it personally.

****Please Note: Tax receipts cannot be given****

For more information please call Jade Maitland at 416-691-1113 Ext. 220 or jade@centre55.com



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